



David L. Roer, MD • Gary M. Youra, MD  
 Mary B. Chitwood, MD • Katherine H. Wingate, MD • John M. Rahe, MD  
 Linda M. Meister, MD • Jennifer M. Conlon, MD • Jennifer M. Feldman, MD  
 Elizabeth A. Darkwa, MD • Marylynn B. Herchline MD • Tracy Wick, MD  
 Shalani A. Ryan, DO • Debra A. Rill, CPNP

9000 N. Main St., Ste 332  
 Dayton, OH 45414  
 Phone: (937) 832-7337  
 Fax: (937) 832-4817

5450 Far Hills Ave., Ste 110  
 Kettering, OH 45429  
 Phone: (937) 436-2866  
 Fax: (937) 436-1468

3140 Dayton Xenia Rd.  
 Beavercreek, OH 45432  
 Phone: (937) 320-1950  
 Fax: (937) 320-9332

## THE FIRST YEAR A Typical Child's Development

Month(s)	Gross Motor	Fine Motor	Language	Social
1 <sup>st</sup>	Raises head slightly if prone	Tight grasp	Alerts to sounds	Looks at faces
2 <sup>nd</sup>	Raises and turns head	Unclenches fist, watches objects	Smiles if spoken to	Recognizes parent
3 <sup>rd</sup>	Supports on forearms if prone	Holds toy in hand	Laughs, coos and squeals	Reaches for familiar people
4-5	Rolls front to back, sits with support	Reaches for objects	Turns to voice	Enjoys looking around
6-9	Sits without support→ crawls→ pulls to stand	Transfers objects hand-to-hand, uses pincer grasp, finger feeds	Babbles→ Says "Dada" and "Mama" nonspecifically	Recognizes strangers, explores environment
10-12	Cruises→ Walks	Releases objects→ throws objects	Uses "Dada" & "Mama" correctly, says other words	Plays, imitates, indicates wants